



Kids R Kids - The Academy at Blakeney

Private Preschool / Kindergarten / Elementary School Enrichment

Spring/Summer

MENU E

BREAKFAST

- Monday*** Cereal, bananas, orange juice, milk
Tuesday Waffles, fresh fruit, orange juice, milk
Wednesday Assorted bagels with cream cheese, orange juice, milk
Thursday Nutri-grain bars, fruit, milk
Friday Pancakes, fruit, orange juice, milk

LUNCH

- Monday*** Garlic chicken with linguine, seasonal fruits and veggies, milk
V: Garlic tofu with linguine
Tuesday Soft turkey tacos, seasonal fruits and veggies, milk
V: Cheese quesadillas
Wednesday Chicken tenders, rolls, seasonal fruits and veggies, milk
V: Veggie nuggets
Thursday American submarine sandwiches, seasonal fruits and veggies, milk
V: Cheddar and American cheese subs
Friday Homemade pizza, seasonal fruit and veggies

SNACK

- Monday*** Assorted snacks, milk, juice
Tuesday Assorted yogurt, graham crackers
Wednesday Cheese sticks, crackers
Thursday Assorted snacks, milk, juice
Friday Fresh fruit, graham crackers

Please note that substitutions may be made if necessary

V: Vegetarian options